



MARYLAND ENT ASSOCIATES
EAR • NOSE • THROAT
FACIAL PLASTIC SURGERY

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Functional Endoscopic Sinus Surgery (FESS) - Patient Summary & Consent

What is it?

A surgery done through the nostrils using a small camera and tools to open blocked sinuses. Helps sinuses drain better.

Why might I need it?

Ongoing sinus infections, nasal polyps, sinus blockage causing pressure, pain, or trouble breathing.

What are the benefits?

Easier breathing, fewer infections, less sinus pain and pressure, may improve sense of smell.

What are the risks?

Most common: nosebleeds, pain, swelling, temporary loss of smell. Serious but less common: injury to the eye, vision loss, fluid leak around brain, meningitis, heavy bleeding, brain injury, stroke, death (extremely rare). Other risks: infection, permanent loss of smell, numbness, allergic reaction to anesthesia.

What are my choices?

Keep using medicines, balloon sinus dilation (in some cases), or do nothing and live with symptoms.

What should I know?

Recovery is 1–2 weeks. You may need rinses, sprays, and follow-ups. Surgery usually helps but may not cure sinus problems completely.

Consent

I understand the surgery, its benefits, alternatives, and risks. I have had the chance to ask questions. I agree to have Functional Endoscopic Sinus Surgery.

Patient (or Legal Guardian) Signature: _____ Date: _____

Physician/Witness Signature: _____ Date: _____