



MARYLAND ENT ASSOCIATES
EAR • NOSE • THROAT
FACIAL PLASTIC SURGERY

Proudly Part of Privia Health

Informed Consent for Drug-Induced Sleep Endoscopy (DISE)

Purpose of the Surgery

This procedure uses sedation to examine the airway with a scope while you sleep, to see where blockage occurs.

Alternatives

- Observation without airway evaluation
- Sleep study without airway visualization

Benefits

- Helps guide treatment for snoring and sleep apnea
- Identifies exact areas of airway collapse

Risks and Possible Complications

- Risks from sedation (breathing or heart issues)
- Nosebleed or minor trauma from scope
- Rare: aspiration, allergic reaction, need for airway support

After Surgery

- Usually outpatient procedure
- May feel groggy for a few hours
- Do not drive same day
- Normal activities can resume next day

Patient Acknowledgment

I understand:

- Why I need this surgery.
- The alternatives.
- The risks, benefits, and possible complications.
- That no outcome can be guaranteed.

I have had the chance to ask questions, and all my questions were answered in a way I understand.

Patient (or Legal Guardian) Signature: _____ Date: _____

Physician/Witness Signature: _____ Date: _____