



MARYLAND ENT ASSOCIATES
EAR • NOSE • THROAT
FACIAL PLASTIC SURGERY

Proudly Part of Privia Health

Inspire® Hypoglossal Nerve Implantation

Purpose of the Surgery

This surgery places a device to stimulate tongue muscle to keep airway open in sleep apnea

Alternatives

- CPAP
- Oral appliances
- Weight loss
- Other surgeries

Benefits

- Better sleep
- Reduced apnea
- Improved quality of life

Risks and Possible Complications

- Pain
- Infection
- Bleeding
- Tongue weakness
- Device issues
- Need for revision
- Anesthesia risks

After Surgery

- Outpatient/short stay
- Device activation after healing
- Follow-up programming and sleep studies

Patient Acknowledgment

I understand:

- Why I need this surgery.
- The alternatives.
- The risks, benefits, and possible complications.
- That no outcome can be guaranteed.

I have had the chance to ask questions, and all my questions were answered in a way I understand.

Patient (or Legal Guardian) Signature: _____ Date: _____

Physician/Witness Signature: _____ Date: _____