



DRS. HAUCK, BIANCHI & DRISCOLL  
EAR • NOSE • THROAT  
FACIAL PLASTIC SURGERY

**PRE-OP INSTRUCTIONS**

Your procedure is scheduled for:

**Date:** \_\_\_\_\_ **Time:** \_\_\_\_\_ **Please arrive at:** \_\_\_\_\_  
**TIME IS SUBJECT TO CHANGE – PLEASE HAVE YOUR CAREGIVER MAKE PLANS TO BE AVAILABLE ALL DAY**

Your surgeon will be:  Bianchi  Driscoll  Nottingham  Hesham  Patel  Boston

Your procedure will be at: Holy Cross Hospital, 1500 Forest Glen Road, Silver Spring, MD 20910

*Procedure Code(s) for use when calling insurance company:* \_\_\_\_\_

**WHAT YOU NEED TO DO IN THE NEXT FEW WEEKS**

- Have a history and physical completed with your primary care physician within  14  30 days prior to your surgery date. Please use the attached History and Physical form.
- Complete the following diagnostic tests within  14  30 days prior to your surgery date.  NONE REQUIRED.
  - CBC  PT/PTT  BMP  CMP  CAL  ALB  TSH/T4  MAG  LATEX RAST
  - HCG within 7 days of surgery  Serum intact PTH  Serum CA
  - CARDIAC CLEARANCE NEEDED  EKG within 6 months of surgery  CXR within 6 months of surgery

You may have these done at your primary care physician's office, a lab approved by your insurance or at the hospital. The test results must be faxed to Holy Cross Hospital AT LEAST 24 hours before your surgery.

**FAX# \_\_\_\_\_ to the hospital at 484-518-7521 . Please also have all results faxed to your surgeon at 844-206-0785.**

- DO NOT TAKE ANY MEDICATIONS CONTAINING ASPIRIN OR IBUPROFEN (ADVIL, MOTRIN OR SIMILAR PRODUCTS) WITHOUT YOUR SURGEON'S PERMISSION FOR TWO (2) WEEKS PRIOR TO YOUR SURGERY. *If you are taking aspirin for a heart condition please discuss this with your doctor.*
- DO NOT TAKE VITAMIN E SUPPLEMENTS FOR TWO (2) WEEKS PRIOR TO SURGERY
- DO NOT TAKE ANY HERBAL SUPPLEMENT (including but not limited to) GINKGO BILOBA, GLUCOSAMINE or FISH OIL FOR TWO (2) WEEKS PRIOR TO YOUR SURGERY
- Weight loss and diabetes injectable medications **MUST** be stopped **AT LEAST 7 days** prior to anesthesia.
- It is OK to take TYLENOL and Daily MULTI VITAMIN

**WHAT YOU NEED TO DO THE DAY OF YOUR SURGERY**

- DO NOT EAT OR DRINK ANYTHING (INCLUDING WATER) AFTER MIDNIGHT THE NIGHT BEFORE YOUR SURGERY
- DO NOT drink alcohol or use tobacco products for at least 24 hours prior to surgery
- Bring your driver's license and insurance card to the facility on the day of surgery
- Bring a list of all medications and supplements you are currently taking or have taken in the past 30 days
- Your usual medications will be reviewed by a nurse during your pre-op phone call. Diuretics, diabetes & weight loss medication may need to be adjusted for surgery. Discuss these with your doctor and surgical facility nurse.
- If you use inhalers for asthma, emphysema or bronchitis BRING THEM WITH YOU
- Wear Glasses rather than contact lenses  Wear comfortable, loose-fitting clothing
- DO NOT wear make-up, nail polish, or jewelry  DO NOT bring any valuables with you
- You MUST have a responsible adult to take you home and help out the day of surgery
- Your caregiver must be able to remain at the surgery center during your procedure.
- You will spend the night in the hospital after your surgery
- Bring all X-RAY, MRI and/or CT scan films or disc WITH YOU THE DAY OF SURGERY
- SCHEDULE "STEALTH CT SCAN" @ Radiology Office that is participating with your insurance company
- SCHEDULE "STEALTH CT SCAN" @ HOLY CROSS HOSPITAL 2-7 days PRIOR TO SURGERY – 301-754-8200
  - Radiology order attached (should be done within one week of your surgery)



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## HISTORY & PHYSICAL FORM

Name: \_\_\_\_\_

Chief Complaint: \_\_\_\_\_

History of Present Illness: \_\_\_\_\_

\_\_\_\_\_

### Past Medical History:

Allergies: \_\_\_\_\_

Medications: \_\_\_\_\_

\_\_\_\_\_

Illnesses: \_\_\_\_\_

Surgeries: \_\_\_\_\_

\_\_\_\_\_

Bleeding Disorders: \_\_\_\_\_

Social History: \_\_\_\_\_

Family History: \_\_\_\_\_

\_\_\_\_\_

Review of Systems: \_\_\_\_\_

### Physical Examination

HT: \_\_\_\_\_ WT: \_\_\_\_\_ T: \_\_\_\_\_ P: \_\_\_\_\_ R: \_\_\_\_\_ B/P: \_\_\_\_\_

NORMAL

- General: \_\_\_\_\_
- HEENT: \_\_\_\_\_
- Neck: \_\_\_\_\_
- Back & Thorax: \_\_\_\_\_
- Heart: \_\_\_\_\_
- Lungs: \_\_\_\_\_
- Abdomen: \_\_\_\_\_
- Extremities: \_\_\_\_\_
- Neurological/Mental Status: \_\_\_\_\_

Impression: \_\_\_\_\_

\_\_\_\_\_

Plan: \_\_\_\_\_

Physician's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Holy Cross Hospital is located at: 1500 Forest Glen Road, Silver Spring, MD 20910

Phone: 301-754-7000 Fax: **484-518-7521** (adults)  
Fax: 301-754-7609 (children)

Parking at Holy Cross Hospital:

The Holy Cross Hospital parking garage is located to the left of the main hospital entrance. Valet parking is available at the main entrance.

**Parking Rates:** Holy Cross Hospital charges for parking on our campus. Patients and visitors receive the first 30 minutes of parking free up to a maximum of \$7 per day. Valet parking costs \$3 for the first hour, up to a maximum of \$8 per day. Patients and visitors who require longer-term parking because of an extended inpatient stay may purchase a longer-term pass for \$20, valid for seven days from date of purchase. This allows unlimited entry and exit from the garage. Parking passes may be purchased from the hospital cashier in the main lobby during the following hours:  
Monday through Friday, between 7:30 a.m. and 7:30 p.m.  
Saturday and Sunday, between 8:30 a.m. and 4 p.m.

Please be aware that street parking in the community surrounding the hospital is by resident permit only. Hospital patients, visitors and meeting participants who park on the community streets risk being ticketed or towed by the county.

**Parking Process:** patients and visitors who park at the hospital will pay for parking before leaving the hospital. By being able to pay before leaving the building, you will minimize the time needed to wait in line to exit and to have your car window open during inclement weather.

**When entering the garage,** you will take a parking ticket.

**Before leaving the hospital,** you will need to pay for parking using one of three kiosks, located in the following areas:

- Outside Main Lobby of the Hospital, 1<sup>st</sup> Floor (in the lobby by the garage elevator on the top/fourth floor of the garage at the front of the building).
- Main Lobby of the Physician Office Building, 1<sup>st</sup> floor (entering from the top/fourth level of the garage at the front of the building).
- Ground Floor Lobby of the Physician Office Building (near the entrance to our Emergency Center).

Kiosks accept cash and credit cards. After paying, you will insert the now-paid ticket into a ticket slot at the gate, which will rise for exit.

For additional information about parking, contact our Security Department at 301-754-7070.

For use when calling your insurance company for coverage information (you will also need procedure code(s) on page 1):

Facility Tax ID (Holy Cross Hospital) is 52-0738041

Tax ID for Anesthesia at Holy Cross Hospital is 52-0738041