



MARYLAND ENT ASSOCIATES

EAR • NOSE • THROAT

FACIAL PLASTIC SURGERY

Proudly Part of Privia Health

TYMPANOPLASTY

Home Care Instructions:

- Do not blow your nose for _____.
- Sleep at a 30° - 45° angle (2 pillows) for 3 nights.
- Keep ear absolutely dry until you see the doctor next.
- Do not use cotton swabs or put any other object in your ear.

Possible Side Effects:

- You may be unsteady when walking for up to one week after surgery.

Contact your Physician if:

- You experience any ear drainage.
- Your pain is not relieved with the pain medications.
- You have a fever above 101.5° or a lower grade fever for more than 3 days.
- You have any questions or concerns.