



MARYLAND ENT ASSOCIATES
EAR • NOSE • THROAT
FACIAL PLASTIC SURGERY

Proudly Part of Privia Health

HOME CARE INSTRUCTIONS

- Keep wound and dressing dry for 24 hours.
- You may wash or shower after 24 hours.
- After showering, clean incision with hydrogen peroxide and Q-Tips®, apply antibiotic ointment to incision, then cover with a clean, dry dressing.
- Change dressing daily.
- Take Tylenol® for pain as directed.
- See your physician as scheduled following your procedure:

Appointment: _____

POSSIBLE SIDE EFFECTS

- You may see some swelling and redness around incision site.
- You may have a small amount of drainage from the incision.
- You may have some pain.
- Bleeding is rare, but if it occurs, lie down and apply pressure for 15 minutes.

CONTACT YOUR PHYSICIAN

- If redness, tenderness or pain increases around your incision.
- If you have pus draining from your incision.
- If swelling increases around your incision.
- If bleeding from incision occurs and you are unable to stop it with pressure.
- If pain is not relieved by prescribed pain medication.
- If you have a fever with no other known cause.
- If you have any questions or concerns.

301-989-2300 If you call after normal office hours please follow the instructions on the recording. A physician will be contacted to return your call.

Comments: _____